The right measurements give the right size

The tables below give you a reference to which size you should choose. Range of motion is included in the garments and varies between different models. The measurements in the table indicate tight body measurements in centimetres. It is preferable to take the measurements while wearing undergarments.

Two size charts – which one should I use?

Since 2012, Nytello works according to standard EN13402-3, established after the national size measurement of the population in 2004. The new standard has a greater spread between the sizes and thus larger sizes are larger and smaller sizes are smaller than before. We are now continuously updating our designs and patterns. This means that for a time, we have 2 tables. So that you can find your way, the size data in every article text indicates which table applies to that particular article. Check which table applies for your selected model, so you know you are looking in the right table and get the right size.

Size chart A – previous	d The me	The measurements in the table are your body measurements												
Women														
Double size	XXS	XS		S	М		L	XL		XXL	3XL	4XL		
C-size	32	34	36	38	40	42	44	46 48		50	52	54		
Bust	78	82 85		88	92 96		100	106 112		118	124	130		
Waist	63	66 69		72	76 80		84	90 96		102	108	114		
Hips	87	90 93		96	100 104		108	114 120		126	132	138		
Inner leg length (garment size)	78	78 79		80	80 81		81	82 82		83	83	84		
Unisex														
Size	XXS	XS		S	М		L	Х	L	XXL	3XL	4XL		
corresponds to Women	32 34	36		38 40	42		44 46	48		50	52	54		
corresponds to Men	42	44		46	48	50	52	54 56		58	60	62		

Size chart B – new standard, EN 13402-3 The measurements in the table are your body measurements																		
Women																		
Double size	XXS		XS		S		М		L		XL		XXL		3XL		4XL	
C-size	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Bust	68	72	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146	152
Waist	52	56	60	64	68	72	76	80	84	88	94	100	106	112	118	124	130	136
Hips	76	80	84	88	92	96	100	104	108	112	117	122	127	132	137	142	147	152
Inner leg length (garment size)	78	79	79	80	81	82	82	83	83	83	84	84	84	85	85	85	86	86
Men																		
Double size	XXS		XS		S		М		L		XL		XXL		3XL		4XL	
C-size	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
Bust	72	76	80	84	88	92	96	100	104	108	112	116	120	126	132	138	144	150
Waist	60	64	68	72	76	80	84	88	92	96	100	104	108	114	120	126	132	138
Hips	80	84	88	92	96	100	104	108	112	116	120	124	128	134	140	146	152	158
Inner leg length (garment size)	78	78	79	79	80	81	82	83	84	85	86	86	87	87	88	89	90	90
Unisex																		
Size	XXS		XS		S		М		L		XL		XXL		3XL		4XL	
corresponds to Women	30	32	34	36	38	40	42	44	46	48	5	0	52	54	56	58	60	62
corresponds to Men	36	38	40	42	44	46	48	50	52	54	5	8	60	62	64	66	68	70

Washing and care instructions

To ensure that you can use your garment and preserve the special qualities of each fabric, it is important that you follow the washing instructions specified on the garment's label.

CARE

- Do not iron on transfer prints!
- Clear washing instructions are sewn into the clothes.
- Do not mix white and coloured garments, and it is a good idea to turn the garment inside out when washing.
- Avoid washing polyester/cotton clothes with pure cotton. There is some risk that the polyester fibre will attract excess fibres from the cotton.
- · Rinsing agents are to be avoided.
- Wash separately the first time to ensure that any surplus colour is removed.
- Ensure to do up all zips and Velcro fastenings.
- T-shirts, tops and polo shirts with side seams should be stretched into shape while wet and should not be tumble dried in order to minimise twisting.
- Dark garments may contain surplus colour. A wash according to care instructions is recommended before use.
- · Apply special stain remover directly prior to washing.

STAINS

- Disinfectant and hand cleaner can bleach and leave lasting stains on the clothes that will only be visible after washing. To remedy this if you get these agents on your garments, you should soak the garment in an acid solution (1% citric acid solution) for about 1 hour. Then wash the garment in accordance with the washing instructions.
- Always try to remove the stain when it is "fresh". Do not rub it in.
- Ballpoint pen Remove with methylated spirits or Methanol. Rinse with water.
- Grease Remove at once with acetone, pure petrol or methylated spirits, with the minimum possible liquid.
- Blood Remove the stain at once with cold water. Followed by hot water with washing detergent containing perborate enzyme.
- Coffee Remove with hot water and washing detergent containing perborate enzyme.

We are not responsible for typographical errors and colour deviations.